

1.0 GENERAL INFORMATION

Competition **59th MILO / MAS MALAYSIA INVITATIONAL AGE GROUP SWIMMING CHAMPIONSHIPS 2024**

Venue **National Aquatic Centre, Kuala Lumpur Sports City, Bukit Jalil**

Dates **25th - 28th April 2024**

Sessions	Date	Day	Competition	Warm Up
1	25 April 2024	Thursday	8.00 AM	6.30 AM
2	26 April 2024	Friday	8.00 AM	6.30 AM
3	27 April 2024	Saturday	8.00 AM	6.30 AM
4	28 April 2024	Sunday	8.00 AM	6.30 AM

- 1.1 The Championships shall be conducted in accordance with the Rules and By-Laws of World Aquatics as prescribed in the Competition Regulations of Swimming. In matters not prescribed for, decisions shall rest with the Referee and/or the Organising Committee.
- 1.2 The Championships is approved by World Aquatics to act as a Qualifying Event for the Olympic Games Paris 2024.
- 1.3 The Championships is a Qualifying Meet for the following:
 - a. Olympic Games Paris 2024 (approved by World Aquatics);
 - b. 46th SEA Age Group 2024;
 - c. Any other international competitions as determined by MAS
- 1.4 The Championships are open to the following:
 - a. Swimmers who are existing members of Malaysia Swimming Federation (MAS) Affiliates (hereafter known as "Affiliates");
 - b. Members of other Federations affiliated to World Aquatics who meet the entry qualification standards (where applicable) and hold a valid clearance from their respective National Federation.
- 1.5 All entries must be submitted through MAS Affiliates or World Aquatics-affiliated Federations.

2.0 CATEGORIES

- 2.1 **Definitions** - the Championships shall comprise of two (2) categories:
 - a. Malaysia Invitational Age Group (MIAG Open)
 - b. Malaysia Age Group Closed (MAG Closed)
- 2.2 Foreigners residing in Malaysia must compete in the MIAG Open category. Kindly indicate the Swimmer's citizenship status should any Swimmer intend to compete in the MAG Closed category.

- 2.3 All members of the relay team in the MAG Closed category must be Malaysian Citizens. Should any relay team consist of one or more foreign swimmer/s, the team will be regarded as being in the MIAG Open category.
- 2.4 Each category will have its own sets of results and meet records. There will be two (2) sets of results and two (2) sets of meet records maintained, namely MIAG Open and MAG Closed.

3.0 AGE GROUPS

- 3.1 Date of age reckoning for age groups is calculated as of **31st December in the year of competition**. Each swimmer may only compete in his/her own age group in which they fall under.

- 3.2 Age Groups for the Championships will be calculated as follows:

Open	:	19 - 30 years	-	born in 1994 to 2005
Group 1	:	16 - 18 years	-	born in 2006, 2007, 2008
Group 2	:	14 - 15 years	-	born in 2009, 2010
Group 3	:	12 - 13 years	-	born in 2011, 2012
Group 4	:	11 years & under	-	born in 2013 or later

4.0 ENTRY REGULATIONS

- 4.1 **Entries Closing Date** - **1 April 2024, 5.00 PM (Monday)**
Payment Deadline - **5 April 2024, 5.00 PM (Friday)**
Late Payment Deadline - **12 April 2024, 5.00 PM (Friday)**
Team Manager's Meeting - **24 April 2024, 4.00 PM (Wednesday)**
- 4.2 All entries are to be submitted through the Hy-Tek Team Manager software and emailed to secgen@malaysiaaquatics.org and alexchoong@hotmail.com
- 4.3 There is no limit to the number of individual entries per Swimmer. Each participating team is limited to **1 relay entry per relay event**.
- 4.4 **Each swimmer participating in a relay event must be registered to participate in at least 1 individual event.**
- 4.5 **All entries must be submitted with a time. Entries with No Time (NT) will automatically be rejected.**
- 4.6 **Incomplete / incorrect entries will be rejected.**
- 4.7 All entries must be submitted by the Entries Closing Date. Late entries will not be entertained.
- 4.8 No pool side entries or new entries will be accepted after the Entries Closing Date.
- 4.9 Entries for International Teams must be accompanied and submitted together with a Letter of Clearance/Endorsement from their respective National Federation.

4.10.1 Fees - Local Entries

- a. Swimmer National Registration Fee (Annual) - RM50.00 per Swimmer (new) or RM30.00 per Swimmer (renewal)
**not applicable for those already paid for 2024*
- b. Entry Fees (Individual Event) - RM15.00 per individual event per Swimmer
- c. Entry Fees (Relay Event) - RM60.00 per relay event per Team

4.10.2 Fees - International Entries for Overseas Teams

- a. International Swimmer Admin Fee - USD50.00 per Swimmer per International Team (inclusive of Entry Fees)
- b. Entry Fees (Individual Event) - NIL
- c. Entry Fees (Relay Event) - NIL
- d. International Coach Admin Fee - USD50.00 per individual and per accreditation pass for entry to the meet and is applicable to all foreign coaches from overseas participating teams
- e. International Team Official/Support Staff Admin Fee - USD50.00 per individual and per accreditation pass for entry to the meet and is applicable to all foreign team managers and support staff from overseas participating teams

4.11 All entries must be accompanied by FULL PAYMENT of the Registration Fee and/or Entry Fees or the International Swimmer Admin Fees and International Coach Admin Fees and International Team Official/Support Staff Admin Fees, wherever is applicable, by the Payment Deadline.

4.12 Payments received AFTER the Payment Deadline and before the Late Payment Deadline, will incur additional Late Charges as follows:

- a. Late Charges (Local Entries) - RM1,000.00 per Team
- b. Late Charges (International Entries) - USD1,000.00 per International Team

4.13 Swimmers will not be eligible to participate should full payment not be received by MAS by the Late Payment Deadline.

4.14 All payments are to be made via direct banking or online transfer to:

Account Name	:	Persekutuan Renang Malaysia
Bank Name	:	Hong Leong Bank Berhad
Account Number	:	321-0000-1268
Swift code	:	HLBBMYKL
Remarks	:	MIAG2024_ Team Name

Kindly email proof of payment to secgen@malaysiaaquatics.org and rozy.asum@gmail.com

- 6.4** Team Accreditations (for coaches, team manager/s and support staff only) will be issued based on the team size in the Championships as follows:

Number of Swimmers	No. of Coaches Pass	No. of Team Managers Pass
1-5	1	1
6-10	2	1
11-15	3	1
16-20	4	1
21-30	5	1
31-45	6	2
46-60	7	2
61-75	8	3
76 and above	9	3

- 6.5** All Accreditation Cards remain the property of MAS, are NON-TRANSFERABLE, and can be withdrawn, refused or revoked at the discretion of the Organising Committee / MAS.
- 6.6** Accreditation will only be issued to the appropriately qualified and eligible persons who are entitled to participate in or perform an official function at the Championships.
- 6.7** In order to ensure a safe and inclusive training and competition environment, all rules and regulations surrounding accreditation will be respected.
- 6.8** Applying for accreditation under false pretences is seen as a violation of accreditation procedures. Anyone found to be in violation of this will have their accreditation revoked and will be asked to leave the venue immediately.
- 6.9** Requests for additional Accreditation Cards in excess of the quantities tabled above in Clause 6.1 are subject to the discretion and approval of the Organising Committee / MAS and will incur charges of RM30.00 per additional Accreditation Card.

6.10 Lost or Misplaced Accreditation Passes

Replacement passes are available at the following cost:

- a. Coach / Team Manager - RM120.00
- b. Swimmer - RM50.00

7.0 RECORDS and TEAM SELECTION

- 7.1** There will be two (2) sets of results and two (2) sets of meet records maintained, namely MIAG Open and MAG Closed.
- 7.2** The Championships has been sanctioned by MAS as a Qualifying Meet for the 46th SEA Age Group 2024, and any other international competitions as determined by MAS.
- 7.3** Only results from individual events may be used towards meeting Qualifying Time Standards for team selection.

8.0 COMPETITION INFORMATION

8.1 The Championships will be conducted in the World Aquatics Long-Course Metres (LCM) format. Events will be swum as Timed-Finals for each age group.

8.2 Technical Officials - All Technical Officials shall be appointed by the Malaysia Swimming Federation Swimming Technical Committee.

8.3 Events listed below shall be for Group Open, 1, 2, 3 (Boys & Girls)

- a. Freestyle - 50m, 100m, 200m, 400m, 800m, 1500m
- b. Backstroke - 50m, 100m, 200m
- c. Breaststroke - 50m, 100m, 200m
- d. Butterfly - 50m, 100m, 200m
- e. Individual Medley - 200m, 400m
- f. Freestyle Relays - 4x100m, 4x100m (mixed), 4x200m
- g. Medley Relays - 4x100m, 4x100m (mixed)

8.4 Events listed below shall be for Group 4 (Boys & Girls)

- a. Freestyle - 50m, 100m, 200m
- b. Backstroke - 50m, 100m
- c. Breaststroke - 50m, 100m
- d. Butterfly - 50m, 100m
- e. Individual Medley - 200m
- f. Freestyle Relay - 4x100m, 4x100m (mixed)
- g. Medley Relay - 4x50m, 4x50m (mixed)

8.5 Combination of Age Groups

- a. Group 1 and Open events may be combined but will be scored separately according to the swimmer's age group.
- b. In the interest of time, the long distance events - namely 800m Freestyle, 1500m Freestyle and 400m Individual Medley may be combined across the various age groups but will be scored separately according to the swimmer's age group.

8.6 Compulsory Events for Malaysian swimmers in Groups 2, 3, 4:

- a. There will be compulsory events for Malaysian swimmers in Groups 2, 3, and 4, namely 100m Freestyle, 200m Freestyle, and 200m Individual Medley.
- b. Every swimmer taking part in these compulsory events must make a reasonable attempt to complete the event.
- c. The swimmer must also be entered for at least one other individual event in the MIAG Programme other than the compulsory events for their age group.

8.7 Full list of events and the compulsory events are listed in the Table below:

Events	Group 4 11 years & U	Group 3 12 - 13 years	Group 2 14 - 15 years	Group 1 16 - 18 years	OPEN (19 - 25 years)
50m Freestyle	✓	✓	✓	✓	✓
100m Freestyle	compulsory	compulsory	compulsory	✓	✓
200m Freestyle	compulsory	compulsory	compulsory	✓	✓
400m Freestyle		✓	✓	✓	✓
800m Freestyle		✓	✓	✓	✓
1500m Freestyle		✓	✓	✓	✓
50m Backstroke	✓	✓	✓	✓	✓
100m Backstroke	✓	✓	✓	✓	✓
200m Backstroke		✓	✓	✓	✓
50m Breaststroke	✓	✓	✓	✓	✓
100m Breaststroke	✓	✓	✓	✓	✓
200m Breaststroke		✓	✓	✓	✓
50m Butterfly	✓	✓	✓	✓	✓
100m Butterfly	✓	✓	✓	✓	✓
200m Butterfly		✓	✓	✓	✓
200m Ind. Medley	compulsory	compulsory	compulsory	✓	✓
400m Ind. Medley		✓	✓	✓	✓
4x100m Freestyle Relay	✓	✓	✓	✓	✓
4x200m Freestyle Relay		✓	✓	✓	✓
4x50m Medley Relay	✓				
4x100m Medley Relay		✓	✓	✓	✓
4x100m Medley Relay MIXED		✓	✓	✓	✓

9.0 CERTIFICATES, POINTS and AWARDS

9.1 A “Certificate of Participation” will be awarded to all participants in the Championships.

9.2 To receive a Certificate of Participation, all Malaysian participants must have participated in at least one (1) individual event as well as the compulsory events in their age group as listed in Clause 8.6

9.3.1 Medals and Certificates of Merit will be awarded to the Top 3 placing in the individual events in each age group.

9.3.2 Certificates of Merit will be awarded to the Top 3 Malaysian swimmers in the individual events in each age group.

- 9.3.3 Medals and Certificates of Merit will only be awarded to Foreign Swimmers if they are in the Top 3 placing in the individual events in each age group.
- 9.3.4 Affiliates / Foreign Teams are limited to one (1) relay entry per relay event. There will only be one (1) set of medals for the relay events.
- 9.3.5 Medals will be awarded to the Top 3 placed Affiliate Teams in the relay events in each age group. Foreign teams will not be eligible for medal contention.
- 9.4 The Most Valuable Swimmer Award will be presented to each male and female Malaysian swimmer in each age group who has the highest accumulated points from individual events.
- 9.5 To determine the highest accumulated points, a point-scoring system will be in place for all individual events, as follows:

Position	Points Awarded
INDIVIDUAL: 1st to 16th place	- 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
INDIVIDUAL (compulsory events): 1st to 10th place	- additional 10-9-8-7-6-5-4-3-2-1

- 9.6 The Overall MIAG Champion Trophy will be presented to the Affiliate with the highest number of medals won from both individual and relay events. This will be determined from the number of Gold Medals, followed by the number of Silver Medals, and lastly followed by the number of Bronze Medals.

10.0 WARM-UP and COMPETITION POOL GUIDELINES

- 10.1 The Competition and Warm-Up pools will be available for warm-up one and a half (1.5) hours before the competition commences. The Competition Pool will be closed fifteen (15) minutes before the beginning of each session.
- 10.2 Warm-up lane assignments and regulations for the Competition Pool are as follows:
- a. Lanes 0, 8 and 9 are Dive Sprint Lanes - strictly for Diving and Sprinting only. Lanes 1 to 7 are Circle Swimming Lanes for general swimming and/or pace work.
 - b. There shall be NO DIVING in Lanes 1 to 7. Entry to these lanes is via feet first entry from the sitting position at all times.
 - c. The Dive Sprint Lanes are one-way only - swimmers should clear the lanes immediately and walk back. Swimmers are advised to exercise caution when doing Backstroke starts.
 - d. The use of swim paddles and fins are prohibited during warm-up.
 - e. Swimmers are not allowed to sit or press down on the lane ropes.
 - f. Swimmers are required to exit from the Competition Pool from the sides, and not by climbing over the touch pads.
 - g. Only Swimmers, Coaches and Team Officials will be allowed on the Competition Pool Deck during the warm-up sessions.

- h. In order to ensure a smooth Swimming Competition Time-Lines Compliance, eliminate unnecessary downtime due to infraction enquiry to the Referee, promote Fair Play during the Swimming Competition, and eliminate Technical Officials duty obstruction, the Pool Deck is strictly out of bounds to ALL, except the Technical Officials on duty, Swimming Competition Management Committee, Appointed Volunteer/s and Appointed Media Coverage Personnel.

11.0 CONTROL ROOM GUIDELINES

- 11.1** Details of disqualification / infraction committed by any Swimmer shall be made to the Organising Secretary by the Team Manager / Coach. No proxies will be entertained.
- 11.2** In the absence of the Organising Secretary, enquiries relating to disqualifications shall be directed to the Control Room Supervisor.
- 11.3** Enquiry of disqualification shall be made within the same day of competition.
- 11.4** The Team Manager shall provide the Swimmer's details, i.e. Event Number, Time Final Number, Lane Assigned, Swimmer's Name and Affiliate/Team Name.
- 11.5** ONLY the Team Manager or Coach shall be allowed to access the Control Room to retrieve final result print-outs, submission of necessary paperwork and/or disqualification enquiry. No swimmers, parents/guardians or proxies will be allowed.

12.0 PROTESTS

- 12.1** Protests are possible:
- a. If the Rules and Regulations for the conduct of the Competition are not observed,
 - b. If other conditions endanger the Competition and/or Competitors, or
 - c. Against the decisions of the Referee; however no protest shall be allowed against decisions of fact.
- 12.2** All protests shall be considered by the Meet Referee.
- 12.3** If conditions causing a potential protest are noted prior to the Competition, a protest must be lodged before the signal to start the race is given.
- 12.4** Protests must be submitted in accordance with the following:
- a. In writing, with the supporting facts,
 - b. With a deposit of RM300.00,
 - c. Submitted to the Meet Referee by the Team Manager. No proxies will be entertained,
 - d. Submitted within thirty (30) minutes following the conclusion of the respective event.
- 12.5** If the Meet Referee rejects the protest, he/she must state the reasons for his/her decision. The Team Manager may then appeal the rejection to the Jury of Appeal, whose decision shall be final.

- 12.6 If the protest is not upheld, the deposit shall be forfeited to the Organising Committee of the Championships. If the protest is upheld, the deposit shall be returned.

13.0 JURY OF APPEAL

- 13.1 The Chairman of the Jury of Appeal shall be appointed by the Organising Committee / MAS.

- 13.2 A maximum of six (6) and a minimum of four (4) other members of the Jury of Appeal shall comprise of the following:

- a. Organising Secretary, or his/her representative, and
- b. A maximum of five (5) and a minimum of three (3) representatives from amongst the participating Affiliate Teams not involved in the dispute. The Chairman of the Jury of Appeal shall appoint the representatives.

14.0 DOPING CONTROL

- 14.1 Urine samples will be collected during the Championships for the purpose of doping controls, which will be conducted in accordance with the World Aquatics Doping Control Rules and the World Anti-Doping International Standards found at this link:

<https://www.wada-ama.org/en/what-we-do/international-standards>

- 14.2 The list of prohibited substances can be found in this link:

<https://www.wada-ama.org/en/prohibited-list>

- 14.3 All athletes are strictly responsible for any prohibited substance found in their sample. It is particularly important for athletes to check any medication they take against the prohibited list.

- 14.4 Therapeutic Use Exemptions (TUE) Forms must be filled up, should any athlete feel the need to declare the use of any of the prohibited substances listed in the updated Prohibited Lists in the link above.